

Sustenance: Feasting on Art & Culture Festival, October 2009
FarmFolk CityFolk

Question:

If you were in line for the Food Bank, what would you want?

Answers:

Baby food.
Baby formula 0-12m.
Beans.
Canned beans.
Canned fish.
Canned goods of veggies, fruit, salmon and tuna.
Canned sockeye salmon.
Cereal.
Chocolate.
Coffee.
Cold pressed extra virgin olive oil.
Cookies.
Cream of corn.
Dark chocolate.
Diapers.
Flour.
Fruit cups.
Granola bars.
Honey.
Kraft dinner.
Lay's classic potato chips.
Lentils and other dry ingredients such as beans, peas and onions for soups and other dishes.
Non-processed foods.
Olives.
Pasta & sauce.
Peaches.
Peanut butter.
Protein.
Rice.
School snacks and kids pack for all ages, not only up to 6 yrs old.
Some ethnic foods.
Soup.
Spaghetti.
Teas.
Veggies (fresh or canned.)
Warm stew.